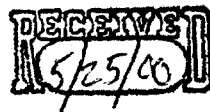


# *Institute of Arthritis & Sports Medicine*

Wildwood Medical Center, Suite 102 & 104  
10401 Old Georgetown Road, Bethesda, Maryland 20814  
Tel. (301)530-5308 FAX (301)564-5808

70892

Office of Special Nutritionals  
HFS-450  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW  
Washington, DC 20204



May 20, 2000

Dear Officer:

We are submitting the following statement of nutritional support for our natural dietary supplement Arthro-Aid™ for your review. We intend to use this information on our label subject to your approval.

1. Name and Address of Distributor: Institute of Arthritis and Sports Medicine, P.O.Box 1268, Bethesda, MD 20827, USA
2. Brand Name of our Dietary Supplement: Arthro-Aid™
3. Text of Nutritional Support Statement being Made:  
Arthro-Aid is beneficial for strengthening and nourishing bones, joints and muscles as shown by clinical results. It enhances overall mobility and athletic performance, increases energy, and improves the quality of life.  
Arthro-Aid is made from the extracts of Chinese ginseng and other herbs extensively studied by physicians and pharmacists. Improvements may occur within 1-3 weeks.  
Arthro-Aid has been highly recommended by physicians and nutritionists.
4. Name of dietary ingredient:  
Each 600 mg capsule contains extracts of: Chinese Ginseng (*Panax ginseng*), Astragalus (*Astragalus complanatus*), Lycium Berries (*Lycium bararum*), Angelica (*Angelica sinensis*), Peony Root (*Paeonia lactiflora*), and Eucommia (*Eucommia ulmoides*)
5. Substantiation information on file at our office. The corporate officer who can certify this information is Xiao-Ming Tian, M.D. / Shang-Qing Chen, Pharm.D.

If you have any concerns about this statement, please contact us by telephone or by fax at the numbers shown above. Thank you very much.

Yours truly,

Xiao-Ming Tian, M.D.  
President, Medical Director  
Clinical Consultant to NIH

Shang-Qing Chen, Pharm.D.  
Vice President, CEO

Howard Libby, Esq.  
Vice President